

# EAST ELEMENTARY NEWSLETTER



## HELLO November

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SC/PA NEWSLETTER

NOVEMBER 2025

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# EAST ELEMENTARY NEWSLETTER



## PRINCIPAL'S MESSAGE

It's been wonderful to have everyone back together following the conclusion of the teacher strike. I want to sincerely thank our students, families, and staff for their patience and support during this time. With everyone returning, routines are re-established, learning is back in full swing, and the positive energy of our school community can once again be felt throughout the building.

Parent-Teacher Interviews will take place November 5 and 6, providing a great opportunity to connect with teachers and discuss how the school year is progressing. I encourage you to talk with your child, no matter their grade, about how they feel things are going. Showing interest in their learning is one of the best ways to support their success.

Our students enjoyed a fun and memorable Halloween Parade to Salem Manor, where they brought plenty of smiles to residents before returning for a gym parade to show off their costumes. Thank you to everyone who helped make it a safe and enjoyable event.

Our next School Council Meeting is on Tuesday, November 4 at 6:30 p.m., and everyone is welcome. School Council is a valuable way to stay informed, share ideas, and take part in conversations about school priorities, events, and initiatives that support our students. Your participation helps strengthen the home-school connection, and your input is always appreciated. Even if you haven't attended before, you are warmly invited to join us — it's a great way to learn more about what's happening at East Elementary and to be part of our ongoing efforts to make it an even better place for kids to learn and grow.

On Friday, November 7 at 10:30 a.m., we will hold our Remembrance Day Ceremony in the gym to honour those who have served and continue to serve our country. This ceremony is an important tradition at East Elementary — a time for students and staff to come together in reflection and gratitude. Parents and guardians are welcome to attend as we pause to remember those who have sacrificed for our freedom and continue to serve our nation with courage and commitment.

I also want to take a moment to address the outdoor classroom area. It is now open and has been checked by the RCMP. While I can't guarantee that there will never be drug paraphernalia found in the space, the same can be said for any public area, including playgrounds. We are taking precautions by closing off the east entrance from the road to the outdoor classroom to help limit access. Please take a moment to talk with your children about being aware of their surroundings and making safe choices.

As we move further into the school year and the days grow colder, let's continue to keep our school community warm with kindness and gratitude. Thank you for your continued partnership and care for our students and staff.

Warm regards,  
Carla Fisher  
Principal



# MEET THE STAFF



**EAST**  
EAST  
EXPERIENCES

Principal: Fisher, Carla

Assistant Principal: Chapman, Nicole

Secretary: Bablitz, Jennifer

Accounting Secretary: Dashie, Kelly

Librarian: Bendfeld, Jenn

Teachers: 

Aasen, Brad (6A)

Alves, Amy (Kindergarten)

Derechey, Marsha (1D)

Desautels, Carlene (2D)

Giles, Shannon (4/5G)

Klimaszewski, Alexis (4K)

Lysgaard, Chantelle (2/3L)

McBride, Kristen (3M)

Metke, Julie (Kindergarten)

Myers, Kristan (Wellness)

Schilling, Roxanne (Music)

Smith, Jaclyn (6S)



Support Staff/ EA's:

Cameron, Christine

Christenson, Ann

Daly, Amanda

Dyck, Charlene

Ehrstien, Genalle

Graham, Tanya

Hanson, Shelley

Kobe, Sharon

Lee, Jason

Matchen, Shannon

Romaniuk, Lisa

Zasada, Erin (FSLW)

Custodian:

Garceau, Carole

Maygard, Ryan





# EAST

EXPERIENCES

## Reminder



For the safety and security of all students at East Elementary, please ensure that your child uses a lock for their bike or scooter if they ride it to school.



East Elementary

## Essentials

### Popcorn Cards Are Here!

You can buy a popcorn card online now! Popcorn days happen once per month all school year long.

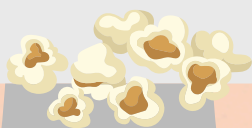
Each card costs just \$4.50. Get yours and enjoy yummy popcorn!



**AVAILABLE FOR PURCHASE UNTIL NOV 16/25**

Buy your card on student quick link:

<https://www.studentquickpay.com/bgrs/MyAccount/Main.aspx>



### Gently Used Clothing Donations Needed

East Elementary is collecting gently used clothing to keep on hand for students who may need extra items during the school day. If you have any gently used clothing that could benefit our students, please bring your donations to the school office.

Thank you for your kindness and support!





# Absence Reporting/ Student Sign Out

## SafeArrival -Reporting Student Absences

Dear Parents / Guardians,

To enhance our existing absence-checking procedure, we are introducing *a new, more efficient* student absence reporting system called ***SafeArrival***. This new system will reduce the time it takes to verify student attendance, make it easy for you to respond your child's absence and easy for staff to respond to unexplained student absences.

With ***SafeArrival***, you are asked to report your child's absence in advance using any of these 3 convenient methods:

**On your mobile device:**

- Using your mobile device, download and install the ***SchoolMessenger Home*** app from the *Apple App Store* or the *Google Play Store*.



- The first time you use the app, select ***Sign up*** to create your account.
- Select ***Attendance*** then ***Report an Absence***.

**Use the SchoolMessenger Website:**

- Go to the ***SchoolMessenger Website***. <https://go.schoolmessenger.com/#/home>
- The first time you use the website, select ***Sign Up*** to create your account.
- Select ***Attendance*** then ***Report an Absence***.

**By Telephone:**

- Call the toll-free number ***780-955-4526*** to report an absence using the automated phone system.

These options are available 24 hours/day, 7 days a week. Future absences can be reported at anytime.

The automated notification system will attempt to contact the parents at multiple contact points (email, text, push notification & phone call) until a reason is submitted for the absence. If our system is unable to reach the designated contact's, office staff will follow up. If you report your child's absence in advance using the ***SafeArrival*** toll-free number, website or mobile app, you will NOT receive these notifications.

Starting Wednesday, August 27, 2025, please report absences in advance using ***SafeArrival*** instead of sending notes or calling/emailing the school.

Starting Wednesday, August 27, 2025 staff will begin using the ***SafeArrival*** notifications to let you know if your student is absent and the absence is unexplained.

Please download the ***SchoolMessenger Home*** app or sign into the website. If you are having trouble logging in, please contact your school.











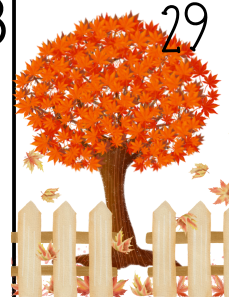


If you do not already receive text messages from your school and would like to start, please ensure your school has your mobile phone number and then text "Y" to 987338. (Standard message and data rates may apply.)

Thank you for your patience and cooperation as we implement this new system.





# NOVEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
 2 Daylight Savings	 3 Regular Instruction Day	Fluoride 4 K-2  Photo Retakes	Fluoride 5 K-2 Parent / Teacher Interviews	6 Parent / Teacher Interviews	 7 Remembrance Day Ceremony 10:30AM  Hot Lunch: The Green House 	 8
9	10 NO SCHOOL	11 NO SCHOOL Remembrance Day 	12 NO SCHOOL	13 NO SCHOOL	14 NO SCHOOL	15 
16 	17  DIV 1 Popcorn Day	18	19	20	21 Hot Lunch: Hot Dogs 	22
23 	24  DIV 2 Popcorn Day	25 Grade 6 Legislature Visit	26	27	28 Assembly: Respect Buffalo 8:40am Hot Lunch: TBD	29 
30 						



East Elementary Teachers and Students: **Welcome Back!**

It is nice to hear all the laughter and noise in the hallways!

Thank you to our dedicated teachers and staff for jumping right back in to ensure stability, learning, and fun for our students. We are so happy to have everyone here!

Let's make this a great month, full of smiles and success.  
Go Eagles!!!







## SCHOOL COUNCIL & PARENTS' ASSOCIATION

### NEXT MEETING

#### School Council - General Meeting

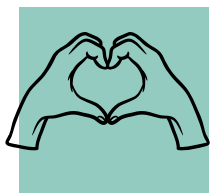
Tues., Nov. 4, 6:30 - 7:30pm

Discussions: Key events for the year; SC engagement opportunities & ASCE grant use ideas

#### Upcoming Meeting: Tues. Jan. 6th

Parents' Association 6:30pm, School Council 7:30 pm

### TOGETHER IN GROWTH



This past month has been a reminder of what we value - our kids, education, each other. In isolation, growing can be hard, but is easier and richer in community. Let's face it - life, in all its seasons, is all of us growing.

Everyone — big and small — brings something valuable to our shared adventure. East Elementary is a vibrant community of staff, students, parents, and caregivers. It truly does take a village to grow... and here we are, back together again. We look forward to making this a wonderful year.

### UPCOMING BINGOS

**Wed. Nov. 12,**

5:30pm - 9:30pm  
(7 of 9 filled)

**NEW Tues. Nov. 18,**

5:30pm - 9:30pm  
(1 of 9 filled)

**Sat. Dec 6,**

11:30am - 3:30pm  
(6 of 11 filled)

@ Leduc Rapid Bingo, 5910-50st



### BINGO'S PIZZA PARTY - THE RACE IS ON!



**HELP** our East Elementary Parents' Association raise money and earn your child's class team a pizza party!

With 3 Bingos complete and 3 to go, pizza towers are building! Work Bingos to help your child's class team earn ingredients and pizza slices to start stacking. The two tallest pizza towers after Dec. 6th win!!! Note a new bingo was added. **Scan the QR to sign-up.**

### VOLUNTEER

### FUNDRAISERS

#### Kids Art Christmas Cards Alternate - (TBD)

Though much anticipation, our kids art cards fundraiser requires design and coordination time that we may not have this year. The Parents' Association is currently looking into an alternate Christmas gifting alternative. Stay tuned.

**50/50 Win big bucks this year!** We will be running our online 50/50 via rafflebox again this year! Opening date will be announced soon! Last year the jackpot reached \$2675 with the winner earning \$1337.



#### Hot Lunch Is on! Please Help Out!

Available Fridays, 11:30 - 12:30 pm? Check 'yes' at the top of your Healthy Hunger order or email

[eastelementaryhotlunch@gmail.com](mailto:eastelementaryhotlunch@gmail.com)

☒ Yes!

October orders have been rescheduled





# LEDUC RECREATION CENTRE FREE FAMILY PASS

Sign out a Family Pass to the  
Leduc Recreation Centre at the Library!



## How does the pass work?

- The LRC Family Pass is valid for 2 adults and all children living in the same household.
- Sign out your LRC Family Pass for FREE from the Library.
- This pass will provide you and your family with access to all of the amenities at the LRC. Enjoy the Aquatic Centre, Arenas, Courts, Fieldhouse, Fitness Centre and Indoor Track.
- Passes are valid for a one week time period.
- After your one week rental, return the LRC Family Pass back to the Library for other families to enjoy.

Visit [Live.Leduc.ca](https://Live.Leduc.ca) for the latest drop-in activity schedule.

Get moving. Start having fun. Be connected - today!



## What Is Wellness?

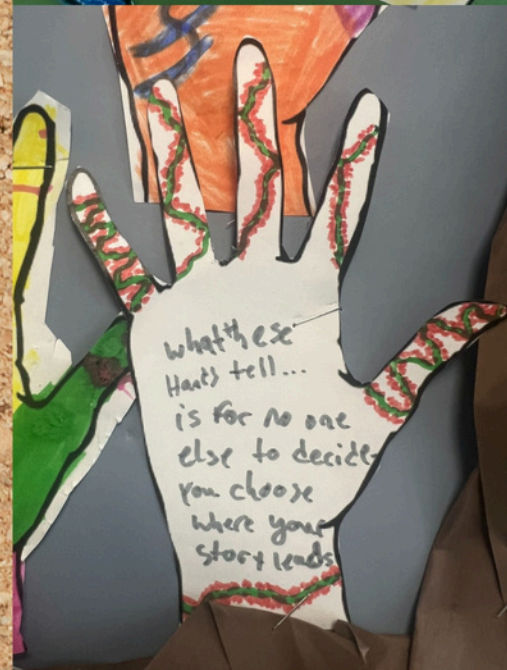
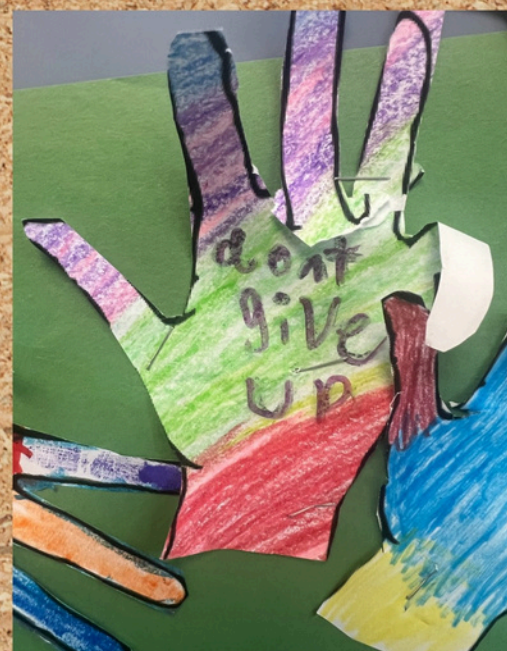
The new Physical education and Wellness curriculum was implemented in Alberta in 2022 and replaced the old health curriculum. This subject combines physical education and health/wellness to promote the holistic development of students in eight dimensions: physical, social, emotional, spiritual, environmental, financial, intellectual, and occupational.

## When Is Wellness?

Wellness learning occurs in a lot of places in our school but includes homeroom instruction, whole school assemblies with Miss Erin and Mrs. Myers and a once a week class with Mrs. Myers (fondly referred to as "Wellness Wednesday" by students and staff).

## Why Wellness?

The lessons delivered aim to help students build a healthy mind, body, and spirit, which leads them to be empowered to experience success at school, with their families, and in their communities. We will continue to share what we are working on throughout the year so you can share the learning at home. Feel free to reach out to Mrs. Myers or Miss Erin at any time if you have questions about wellness or are looking for supports/resources.



**What story will your beautiful hands tell when they have the chance?**





## Kindness Rocks



## The Foundations of Wellness

### Active Living

Developing physical literacy through movement and active living supports well-being across a lifespan!



### Character Development

Exploration of life opportunities and virtues develops resilience and personal talents and promotes lifelong learning.

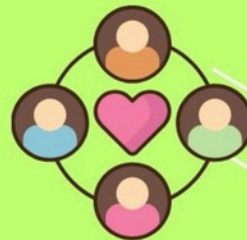
### Safety

A lifetime of optimal well-being is supported by prioritizing health and safety.



### Healthy Eating

A lifetime of optimal well-being and physical wellness is supported by nutrition and healthy eating.



### Healthy Relationships

Personal well-being is supported through positive relationships built on communication, collaboration, empathy, and respect.

### Growth and Development

Decision making that optimizes personal health and well-being is informed by understanding growth and development.



### Financial Literacy

Informed financial decision making contributes to the well-being of individuals, groups, and communities.







# NEED A VISIT FROM SANTA?

**w w w.leduc santashelpers.ca**

**Helping families in Leduc for 42 years**

*We believe every child should have a smile on their face at Christmas!*

**Registration will be open:**

**November 3 - December 12**

**To register online visit:**

**w w w.leduc santashelpers.ca/hamper-application/**

**To register via telephone call:**

**825-995-1008**

**Program Criteria:**

- Must be a resident of the City of Leduc**
- Must have children in the household under the age of 18**
- Must meet the income guidelines:**

Family Size	Maximum Income
Two Persons	up to \$45,000
Three Persons	up to \$47,500
Four Persons	up to \$50,000
Five Persons	up to \$52,500
Six Persons	up to \$55,000
More than Six People	up to \$57,500



# Leduc Santa's Helpers



We are looking for NEW/Unused items to include with our Christmas hampers. Toys, Pajamas, Socks, Games, Mitt/Toque sets, etc.

All donations are greatly appreciated! If it is popular with your children it is likely to be on the wishlist of others.

Items that are generally in short supply include:

- Pajamas
- Headphones
- Art Kits
- Power Banks
- Socks
- Make-up Kits
- Craft Kits
- Phone Acces.
- Books
- Curling Irons
- Watches
- Blankets
- Games
- Blow Dryers
- Model Kits
- Hoodies/Sweatshirts
- Lego Kits
- Electric Shaver
- Pencil Crayons
- Coloring Books
- Drones
- RC Vehicles
- Gift Cards
- Personal Care Kits
- Bluetooth Speakers
- Sports Items (*Basketballs, Soccer Balls, etc*)

Items for 0 - 2 year olds that are generally in short supply include:

- Pajamas/Onsies/Clothes/Blankets
- Teething Toys
- Stacking Toys
- Learning Toys: Vtech, LeapFrog, Fisher-Price
- Play Mats

Check with your school for donation deadlines

Thank you for supporting Leduc Santa's Helpers and helping those less fortunate this holiday season.





# True North

Join Intern Therapist Carolyn LeCouvie for **True North**, a **FREE** 4 week psychoeducational group for kids (grades 4-6), that will help improve self-image, strengthen self-esteem, enhance emotional regulation and build coping skills.

**WHEN:** November 5, 12, 19 and 26  
4PM-5PM

**WHERE:** **Family Counselling Centres**  
#107, 5305 Magasin Ave, Beaumont  
**780.612.8577**  
**intakes@familycounsellingcentres.com**

**COST:** **FREE!**



*Scan to register!*



**Family**  
Counselling Centres  
[familycounsellingcentres.com](http://familycounsellingcentres.com)







## Ending the Financial Feud: *Couples and Money*

Does it seem like you and your loved one are constantly arguing about money? Do you find it hard to get on the same page with your finances without it turning into a fight? Your loved one isn't trying to make your financial life difficult; they likely just think about money differently.

This workshop will provide the education you need to support yourself and your loved one to understand each other's relationship with money and create an achievable plan to reach your collective financial goals.

### **This workshop will show you how to:**

- ▶ Identify your money histories - how money was handled in your households growing up
- ▶ Identify your relationship to money
- ▶ Set joint goals that meet each of your values and needs
- ▶ Implement a household money management plan

- ▶ **Date:** Friday, Nov. 21, 2025
- ▶ **Time:** noon to 1 p.m.
- ▶ **Location:** online via Zoom. Link will be mailed out to those who register
- ▶ **Cost:** free
- ▶ **Register:** contact Kristin at **780-955-6421** or **kristin@leduc-county.com** or register online at **[www.leduc-county.com/ending-financial-feud](http://www.leduc-county.com/ending-financial-feud)**







4th Annual  
**KIDS ONLY SHOPPING**

📅 November 22<sup>nd</sup> 10:00-2:00  
📍 4728 50<sup>th</sup> Ave. Leduc Coffee Shop/Magpies Gifts

The poster features a light beige background with various Christmas-themed illustrations. On the left, there's a green Christmas tree, a gingerbread man, and a snowman. On the right, there's a gingerbread house and a large green gift tag with a red string. The text is centered in a dark green, bold font.

For more information:



<https://downtownleduc.com/events/kids-only-christmas-shopping-event>





# November Break Camp 2025

For more information:

<https://www.bgcleduc.com/programs/afterschool-program/>

November Break Camp - Afterschool Membership required for purchase

We will have a wide range of activities all day long to keep members engaged and having fun! Activities include crafts, fieldhouse programming, select swimming opportunities, in club games, free time play, sensory activities and many many more.

**Indoor shoes:** indoor shoes are welcome in our space, they are not required but they are heavily encouraged in order to keep our space clean and safe in the winter months. It is easier for our members to participate in our programming when they are wearing inside shoes rather than their dirty, clunky winter boots. There is **NO** bare feet allowed in our club space due to emergency plan reasons. Members must be wearing shoes at all times and we find having inside shoes helps make our members more comfortable.

**Toys from home-** We kindly ask that children do not bring toys from home due to the risk of misplacement or incase they become broken in our space. We can approve of some fidget and sensory toys if they are need but prefer all other toys stay safe in the child's backpack until they are picked up.

**Chromebooks:** Chromebook use will not be permitted on PD Days. I have programmed our days full of games, crafts, fun and much more so there will be no time for Chromebook use on these days. The only exception for Chromebook use is if your child has homework that needs to be completed on a PD day and they require a chrome book, you will need to email me letting me know and giving me permission do sign a computer out to them.

**Peanut Free:** BGC Leduc is a PEANUT FREE FACILITY. Please be sure to refrain from packing any peanut, tree nut or nut related snacks in your children's bags for BGC.

**Runs from Monday, November 10, 2025 at 8:00 AM**

**Through to Friday, November 14, 2025 at 5:00 PM**

**\$150.00 / Session**



[View activity details](#)





# CHILDHOOD ANXIETY

*helping children heal*

LIVE IN PERSON



EDMONTON, AB

**SATURDAY  
NOVEMBER 22ND**

## FULL DAY WORKSHOP

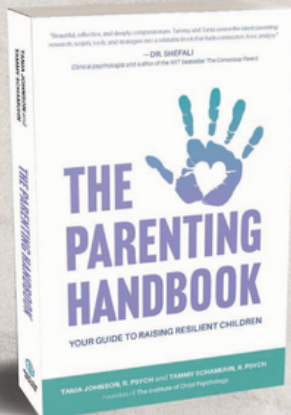
Join us for an inspiring event led by award-winning author, Registered Child Psychologist & ICP Co-Founder.

Discover practical, evidence-based tools to better understand and support children facing anxiety—whether you're a parent, caregiver, educator, or professional.

Walk away with strategies you can use right away to make a real difference in a child's life.



**PLUS: FREE GIFT WITH  
PURCHASE- LIMITED TIME ONLY**



**TAMMY SCHAMUHN**  
R. PSYCH, RPT-S

## REGISTER:







**Families have the option to purchase Voluntary Student Accident Insurance through our Division's insurance partner, StudyInsured.**

**This extra insurance can help cover costs if your child is injured in an accident.**

**To learn more about the plans available and what they cover, please visit:**

**👉 [www.studyinsuredstudentaccident.com/compare-plans](http://www.studyinsuredstudentaccident.com/compare-plans)**

## **A plan for every need**

Whether your child is a star athlete, naturally rambunctious, or just accident-prone, we've got you covered. Choose the plan that works best for you, your family, and your wallet.

Family pricing available when insuring 3 or more siblings at the same school board.

Follow StudyInsured™ on Social Media:

[LinkedIn](#) | [Facebook](#) | [Instagram](#) | [Twitter](#)

**Please note:**

**This insurance is completely optional and is separate from the coverage already provided by the Division. It is for families who would like extra protection for their child.**





# DISCOVERY NATURE PLAY

A Year-Round Outdoor Learning Adventure!




 Learn more: [www.discoverynatureplay.com](http://www.discoverynatureplay.com)

 Launching in September at Telford Lake!

 Class Times: Tuesdays & Thursdays

 9:00am–12:00pm or 12:30pm–3:30pm

 Ages 3–7 years

## WHO ARE WE:

We're Erica Frick and Amry Gavin, Directors of Discovery Nature Play — a play-based outdoor exploration program for children ages 3–7.

## WHAT WE OFFER:

Hands-on outdoor learning  
Nature-based play and discovery  
Builds confidence, independence, self-regulation, motor skills, communication & leadership



FUN  
THIS  
WAY

